

## How to pray the Rosary

### 1. Make the sign of the Cross and say the “Apostles Creed”.

*I BELIEVE IN GOD, the Father almighty, Creator of Heaven and earth. And in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate; was crucified, died, and was buried. He descended into Hell. The third day He rose again from the dead. He ascended into Heaven, and sits at the right hand of God, the Father almighty. He shall come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.*

### 2. Say the “Our Father”

### 3. Say three “Hail Marys”.

### 4. Say the “Glory be to the Father

### 5. Announce the First Mystery; then say the “Our Father”.

### 6. Say ten “Hail Marys”, while meditating on the Mystery.

### 7. Say the “Glory be to the Father”. After each decade say the following prayer requested by the Blessed Virgin Mary at Fatima:

*O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Thy mercy.*

### 8. Announce the second Mystery: then say the “Our Father.” Repeat 6 and 7 and continue with the Third, Fourth, and Fifth Mysteries in the same manner.

### 9. Say the “Hail, Holy Queen” on the medal after the five decades are completed.

*HAIL HOLY QUEEN, mother of mercy; our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us. And after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen*

# Litany of the Blessed Virgin Mary

Lord, have mercy.  
Lord, have mercy.  
Christ, have mercy.  
Christ, have mercy.  
Lord, have mercy.  
Lord, have mercy.

Christ, hear us.  
Christ, hear us.  
Christ, graciously hear us.

Christ, graciously hear us.

God the Father of Heaven,  
have mercy on us.  
God the Son, Redeemer of the  
world,

God the Holy Spirit, Holy Trinity,  
one God,

Holy Mary,  
pray for us.  
Holy Mother of God,  
Holy Virgin of virgins,  
Mother of Christ,  
Mother of the Church,  
Mother of divine grace,  
Mother most pure,  
Mother most chaste,  
Mother inviolate,  
Mother undefiled,  
Mother immaculate,  
Mother most amiable,  
Mother most admirable,  
Mother of good counsel,  
Mother of our Creator,  
Mother of our Savior,  
Virgin most prudent,

Virgin most venerable,  
Virgin most renowned,

Virgin most powerful,  
Virgin most merciful,  
Virgin most faithful,  
Mirror of justice,  
Seat of wisdom,  
Cause of our joy,  
Spiritual vessel,

Vessel of honor,  
Singular vessel of devotion,  
Mystical rose,  
Tower of David,

Tower of ivory,  
House of gold,  
Ark of the covenant,  
Gate of heaven,

Morning star,  
Health of the sick,  
Refuge of sinners,  
Comforter of the afflicted,

Help of Christians,

Queen of angels,  
Queen of patriarchs,  
Queen of prophets,  
Queen of apostles,  
Queen of martyrs,  
Queen of confessors,  
Queen of virgins,  
Queen of all saints,

Queen conceived without original  
sin,  
Queen assumed into heaven,  
Queen of the most holy rosary,

Queen of families,  
Queen of peace,

Lamb of God, who takes away the  
sins of the world, spare us, O Lord.  
Lamb of God, who takes away the  
sins of the world, graciously hear  
us, O Lord.  
Lamb of God, who takes away the  
sins of the world, have mercy on us.

V. Pray for us, O holy Mother of  
God.  
R. That we may be made worthy of  
the promises of Christ.

Let us pray. Grant, we beseech you,  
O Lord God, that we, your servants,  
may enjoy perpetual health of mind

and body; and by the intercession of  
the Blessed Mary, ever Virgin, may  
be delivered from present sorrow,  
and obtain eternal joy. Through  
Christ our Lord. Amen.

(During the Month of October)

V. Pray for us, O Queen of the most  
holy Rosary.

R. That we may be made worthy of  
the promises of Christ.

Let us pray. O God, whose only-  
begotten Son, through his life, death  
and resurrection, has purchased for  
us the rewards of eternal life, grant,  
we beseech Thee, that by meditat-  
ing upon these mysteries of the  
most holy Rosary of the Blessed  
Virgin Mary, we may imitate what  
they contain, and obtain what they  
promise, through the same Christ  
our Lord. Amen

