

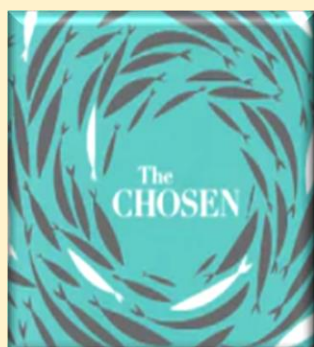
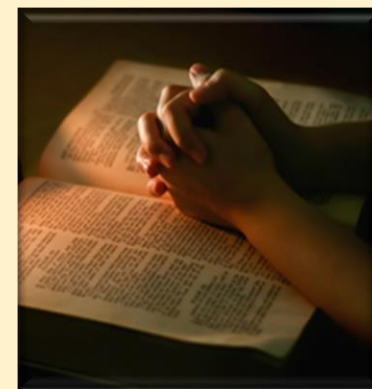
HOLY TRINITY ADULT CATHOLIC STUDIES PRESENTS

Prayer: Into the Deep

While vocal prayer like the Rosary is always good, the Doctors of the Church think it's not enough. For example, St. Teresa of Avila says, "If you do not practice mental prayer, you don't need any devil to throw you into hell; you throw yourself there of your own accord."

In this series, Avila Institute founder Dan Burke explains the foundations of prayer which he has taught to hundreds of seminarians and priests.

After distinguishing between the non-Christian East and Christian Theism and sharing key signs of false teaching, Burke tells us what mental prayer actually is...and then teaches us how to do it.



The Chosen

In our *Into the Deep* class, Dan Burke frequently cites the popular TV series *The Chosen* to illustrate what mental prayer means. He says that, if we are truly in union with God and communicating with Him, it will be like the Apostles as they lived with Jesus for three years.

To make it easier for us to imagine what that experience was like for the Apostles – and help 'put us in the picture' as we ponder Sacred Scripture – we'll show four especially-powerful episodes from *The Chosen*.

We will also include Catholic commentary from Augustine Institute scholars who analyze each episode's strengths and occasional weaknesses.



Mary and the Saints

We Catholics have a real advantage over our Protestant brothers and sisters, since we regularly request prayers not only from family and friends on Earth but also from family and friends in Heaven!

Knowing non-Catholics often struggle with Mary and the Saints, we'll share effective ways to explain and defend our beautiful teachings about both.

Saint Joseph: Our Spiritual Father

With Christmas so close, we decided, for this year's focus on one of the saints, to contemplate Joseph, who stands quietly in our Nativity Scenes and silently in the pages of Sacred Scripture...yet plays such a crucial role.

Join us to grow closer to the man who 'spoke volumes' without words!

Making Sense of Suffering

In *Making Sense of Suffering*, philosopher Peter Kreeft has the humility and compassion to guide us to the edge of life's greatest mystery – why bad things happen to good people. Agreeing that God initially seems to be part of the problem, not the solution, Kreeft first refutes Satan's 10 "easy answers" and then offers clues, all of which converge in Christ, "the tears of God."

In addition to the comforting clarity Kreeft offers, we'll share suggestions from Jeff Cavins on coping with pain and tips from apologist Brandon Vogt on answering those who ask why a good God allows us to sin and to suffer.



The Revelation to John

The Book of Revelation is, perhaps, Scripture's most misinterpreted book. Its vivid imagery and unfamiliar symbolism often conjure wild speculation.

Revelation is written in an apocryphal style, but it is not all about doom and gloom. Many look on our modern world and wonder: Are we seeing the End Times foretold by Christ in Matthew, described in Paul's letters to the Thessalonians, and symbolized in the Revelation to John?

In our study of Revelation, we will explore the wonderful imagery and deep theological meaning of this most misunderstood book. We will provide a basic understanding of Revelation's context within Scripture and history and discuss its important themes, its main points, and its strange symbolism.



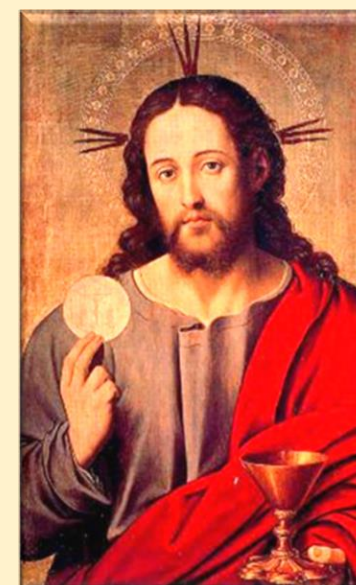
Presence, Jewish Roots of the Eucharist, and The Mass

In **God is with Us**, we focus on the importance of the Eucharist and on the two crucial doctrines and watch an incredible introductory video from the Augustine Institute.

In **Presence: The Mystery of the Eucharist**, we explore the truth and beauty of the Eucharist from its Biblical origins to its profound role in the life of the Church. It is the crescendo of the story of Salvation.

In **The Jewish Roots of the Eucharist**, Dr. Brant Pitre looks at the mystery of the Eucharist through Jewish eyes, answering questions like: What was the Passover like in Jesus' day? What were the Jewish hopes for the Messiah? What was Jesus' purpose in instituting Eucharist at Passover? And what did He mean by "This is my body... This is my blood"?

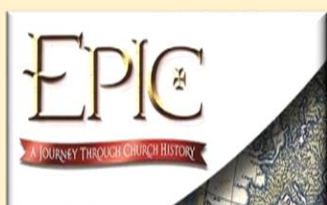
In **The Mass**, we tie it all together, focusing on the place where the Last Supper and the Passion are re-presented. We are also reminded that, since this is Christ's own offering to the Father – and our opportunity to unite ourselves to it – the Mass is truly the most perfect prayer. We will also discuss the structure of the chapel and symbolism of its 'fixtures'.



EPIC: Church History – Weak Leaders and Schism

In his *Epic* series, Steve Weidenkopf shows us that Church history is not a boring recitation of popes, saints, and encyclicals but an amazing walk through God's plan of salvation, complete with intrigue, rebellion, reform, and religious fervor.

This year's episodes cover Clement V's decision to move the papal residence and Catherine of Siena's work to return it; the time of the two anti-popes; the life of St. Joan of Arc; Islam's rise in the East and fall in the West; Queen Isabel's reign and the truth about the Spanish Inquisition; and more.



For more information, check the Sunday Bulletins or contact Phil & Connie Pratt at ppratt@holytrinitycos.org.